

FCNA 2022 SUMMER RETREAT

Building a Sacred Life-YOURS!

Join us for a day of Spiritual Formation, Healing, and Fellowship

When: Saturday, July 23rd, 9:00 am to 3:00 pm

Where: The Healing House, 320 W. Adams, Crescent, OK 73028, 25 minutes north of Edmond

Cost: \$50.00 Light breakfast and lunch included

If you would like to spend Friday night, July 22nd, at the Healing House, a limited number of spaces are available for an additional fee of \$45.00. Dinner Friday night is included. **Please see the following page for all registration details.**

What makes our lives sacred? What things do you need to add to your life, or perhaps take away, or maybe just remember again, to appreciate the sacred in your life? What is God calling you to enjoy in your current season of life? There will be a variety of activities to enhance our spiritual formation, connect us more deeply with the grace and meaning of our lives, and revive the sacred and joyful life God desires for us.

Presenters: **Rev. Dianna Matli**, pastor of the First United Methodist Church in Watonga, OK. Dianna has led many retreats on spiritual growth, and is passionate about providing creative, meaningful, and fun experiences for others to deepen their spiritual walk. Dianna is also a financial coach, mentor and teacher. She resides in Oklahoma City. **Denise McGough**, RN, MEd, FCN. Denise provides spiritual direction for individuals and groups and is serving as the Spiritual Director for FCNA. She volunteers with the Spero Project in Oklahoma City, supporting resettled refugees in becoming our new neighbors.

We are looking forward to sharing this sacred time with you!

Registration for “*Building a Sacred Life-YOURS!*”
FCNA Summer Retreat

Saturday, July 23rd, 9:00 am to 3:00 pm

Location: The Healing House, 320 W. Adams, Crescent OK 73028. The retreat center is in Crescent, just north of Oklahoma City on Hefner Parkway/Highway 74, 25 minutes from Edmond Rd. and Hwy 74.

Cost: \$50.00 for Saturday retreat. A light breakfast and lunch included. Fee is payable to FCNA.

If you would like to spend Friday night at the Healing House, a limited number of spaces are available for an additional fee of \$45.00. The \$45.00 is paid directly to the Healing House. This includes dinner Friday night. **Lodging arrangements are made separately from the retreat registration**, directly with Marka Acton at the Healing House: thehealinghouseok@gmail.com, 405-697-4600 or 918-724-8928

Register online through Survey Monkey: [Click Here to Register](#)

Payment of Fees: PayPal with online registration, or mail checks payable to FCNA OK to Lana Bolhouse, 14209 SE 75th, Oklahoma City, OK 73150

Registration Policy: Registration is limited to 20 participants. Registration closes when enrollment is full or by July 15. Payment in full with registration. Refunds before July 3rd, less \$20.00 deposit. No refunds after July 4th.

Questions? Contact Denise McGough, kenike.ok@gmail.com, or call or text 405-740-8373.